

## CLAIMS

I claim:

1. A sewing thread consisting of a thread coated in a thermally activated adhesive, where the adhesive is active when heated and set when cooled.
2. A sewing thread as described in claim 1 where the thermally activated adhesive is a partially cured B-stage thermal set plastic which upon final heating remains permanently set.
3. A sewing thread as described in claim 1 where the thermally activated adhesive is a thermal set plastic.